

# Reading 256

Put the following parts of the text in the correct order to recreate the text.

#### 8 Things to Remember When Everything Goes Wrong

WRITTEN BY MARC CHERNOFF

A. So if things are good right now, enjoy it. If things are bad, don't worry because it won't last forever either. Every moment gives you a new beginning and a new ending. You get a second chance, every second. You just have to take it and make the best of it.

# Worrying and complaining changes nothing.

Those who complain the most, accomplish the least. It's always better to attempt to do something great and fail than to attempt to do nothing and succeed. It's not over if you've lost; it's over when you do nothing but complain about it. If you believe in something, keep trying.

B. LOOK around: there is *always* something to be thankful for. Truth be told, happiness is not the absence of problems, but the ability to deal with them. Always look at what you have, instead of what you have lost. Because it's not what the world takes away from you that counts; it's what you do with what you have left.

#### Pain is part of growing.

Sometimes life closes doors because it's time to move forward. And that's a good thing because we often won't move unless circumstances force us to. Move on from what hurt you, but never forget what it taught you. Just because you're struggling doesn't mean you're failing.

### C. The best thing you can do is to keep going.

Don't be afraid to get back up – to try again, to love again, to live again, and to dream again. Don't let a hard lesson harden your heart. Life's best lessons are often learned at the worst times and from the worst mistakes. There will be times when it seems like everything that could possibly go wrong is going wrong. When you feel like quitting, remember that sometimes things have to go very wrong before they can be right.

D. Solitude, though, is the gift that makes great things possible. It gives you the space you need. Everything else is a test of your determination, of how much you really want it.

#### Other people's negativity is not your problem.

Be positive when negativity surrounds you. Smile when others try to bring you down. It's an easy way to maintain your enthusiasm and focus. When other people treat you poorly, keep being you. Don't ever let someone else's bitterness change the person you are.

E. Spending today complaining about yesterday won't make tomorrow any brighter. Take action instead. Make a change and never look back.

#### Your scars are symbols of your strength.

Don't ever be ashamed of the scars life has left you with. A scar means the hurt is over and the wound is closed. It means you conquered the pain, learned a lesson, grew stronger, and moved forward. Don't allow your scars to make you <u>live your life in fear</u>. You can't make the scars in your life disappear, but you can change the way you see them, as a sign of strength and not pain.

- F. You can't take things too personally, even if it seems personal. Rarely do people do things because of you. They do things because of them. Above all, don't ever change just to impress someone who says you're not good enough. Change because it makes you a better person and leads you to a brighter future. People are going to talk regardless of what you do or how well you do it. So worry about yourself before you worry about what others think.
- G. Good things take time. Stay patient and positive. Everything is going to come together; maybe not immediately, but eventually.

#### **Everything in life is temporary.**

Every time it rains, it stops raining. Every time you get hurt, you heal. After darkness there is always light – you are reminded of this every morning, but still you often forget, and instead choose to believe that the night will last forever. It won't. Nothing lasts forever.

H. The most powerful characters in this great world are seared with scars. See your scars as a sign of "YES! I MADE IT! And now I have a chance to grow even stronger."

#### Every little struggle is a step forward.

In life, patience is not about waiting; it's the ability to keep a good attitude while working hard on your dreams, knowing that the work is worth it. So if you're going to try, put in the time and go all the way. Otherwise, there's no point in starting. This could mean losing stability and comfort for a while. It could mean stretching

your comfort zone so thin it gives you a nonstop case of the chills. It could mean accepting ridicule from your peers. It could mean lots of time alone in solitude.

- I. Yes, life is tough, but you are tougher. Find the strength to laugh every day. Find the courage to feel different, yet beautiful. Find it in your heart to make others smile too. Don't stress over things you can't change. Live simply. Love generously. Speak truthfully. Work diligently. And even if you fall short, keep going. Keep growing.
- J. All jokes aside, your life only comes around once. This is IT. So do what makes you happy and be with whoever makes you smile, often.

## What's meant to be will eventually, BE.

True strength comes when you have so much to cry and complain about, but you prefer to smile and appreciate your life instead. There are blessings hidden in every struggle you face, but you have to be willing to open your heart and mind to see them. You can't force things to happen. You can only drive yourself crazy trying. At some point you have to let go and let what's meant to be, BE.

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# Reading 256 — Keys

- 1 B
- 2 G
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- 7 F
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